



Dementia Workshops

Senior Connections, the Alzheimer's Association and the Office of the Chesterfield Senior Advocate are teaming up to provide additional programs to Chesterfield for caregivers, family members and anyone seeking information on dementia. We hope you will join us for this first series of programs. Participants are welcome to attend one or both sessions.

Tuesday, August 16, and Tuesday, August 30
10 a.m. - 12 noon
St. Barnabas Episcopal Church
5155 Iron Bridge Road, North Chesterfield

Aug. 16 - Know the 10 Signs: Forgetfulness - When Is It a Problem?

This program gives participants a review of the warning signs of dementia diseases, Alzheimer's specifically, and when a person should consider a medical evaluation.

Aug. 30 - Dementia Conversations

This program is designed to help you talk with your entire family, including the person with signs of dementia, about some challenging and often uncomfortable topics related to Alzheimer's and dementia. You will receive tips on how to have honest and caring conversations with family members about going to the doctor, deciding when to stop driving and making legal and financial plans.

We appreciate St. Barnabas Episcopal Church partnering with us to hold the workshops at their church. To RSVP for the workshop, call 804-768-7878 or email LeidheiserD@chesterfield.gov